



## 2014 Fall Wrestling Coaches Clinic

**Guest Speaker: Dan Russell and Cory Cooperman**



Meet Dan Russell:

4x NCAA DII Champion,  
National Team Member (1995  
Unofficial World Champion),  
USA National Team Coach, 2004  
Guam Olympic Coach, current  
High School Coach  
Battleground, WA

Meet Cory Cooperman:

3x NCAA DI All- American, Over  
10 years of coaching at all levels

Time	Schedule	Information
1:00-1:30	Check-In	Field House
1:30-1:45	Joe Russell	Welcome & Season Outlook
1:45-2:30	Cory Cooperman	Technique
2:30-3:45	GMU Wrestling Team	Observe Team Practice
4:00-5:00	Joe Russell	Program Development
5:15-7:00	Dan Russell	Technique
7:00 -	TBD	Social

**Make checks payable to:** George Mason University

**Mail checks and registration to:** George Mason Wrestling, MSN3A5, 4400 University Drive, Fairfax, VA 22030

**Name:**

**Address:**

**Email:**

**Phone:**

**Wrestling Program:**

**Friday, October 24, 2014**

**Cost: \$50 per coach (pre-pay)**

**\$75 at the door**

**Questions: call Joe Russell at 703.993.3299 or email [jrusse13@gmu.edu](mailto:jrusse13@gmu.edu)**